



VALLEY YOUTH HOUSE RESOURCE GUIDE

ValleyYouthHouse.org

PREVENTION

School-Based Counseling

School-Based counselors who work directly with students to provide trauma-based counseling and mental health services

Lehigh & Northampton
267-930-4092

Child Mentoring Program (CMP)/Respite

Provide role modeling, tutoring, recreational, & life skills development to youth ages 2-21, as well as respite for youth with a mental health diagnosis

Lehigh & Northampton
610-820-0166 x2224

Project Child

Lehigh Valley coalition to prevent child abuse & neglect through parenting classes, a parent support group, educational trainings & child safety initiatives

Lehigh & Northampton
610-820-0166 x5340

LGBTQ+ Services

Project SILK Lehigh Valley
Inclusive drop-in program that is youth-led, adult-supported and offers leadership & HIV intervention programs for LGBTQ+ youth ages 14-21

Allentown
610-347-9988 x301

Youth Education Program (YEP)

An array of drug prevention & education services for youth & parents; school-based & community; ARD programming for those eligible up to age 23

Lehigh
610-820-0166 x15006

INTERVENTION

Intensive Behavioral Health Services (IBHS)

Provides professional help to families to prevent out of home placement, manage behavioral changes and strengthen skill sets by using APA and CBT interventions to support children with mental health diagnoses.

Lehigh & Northampton
610-820-0166 x4307

Family Based Mental Health (FBMH)

Family counseling, education, & crisis intervention to support the behavioral needs of the child, youth & family

Lehigh & Northampton
610-820-0166 x5332

Family Intervention Program (FIP)

In-home clinical & case management service designed to eliminate the destructive impact of substance abuse problems within families

Lehigh & Northampton
610-820-0166 x5331

Family Preservation Program (FPP)

Counseling & case management intervention services to homeless & non-homeless families to reduce out-of-home placement of children

Northampton
610-820-0166 x2214

Functional Family Therapy (FFT)

Family therapy model for all youth ages 10-18 who have demonstrated a range of delinquent or other maladaptive behaviors

Lehigh & Northampton
610-820-0166 x5331

Intensive In-Home Services

Provides intensive interventions blending case management & therapeutic services, educational services, & out-client services

Lehigh
610-820-0166 x2214

Attendance Support Counseling

Outreach & counseling services for elementary students who have missed 10+ days of school (Allentown & Whitehall School Districts)

Lehigh
610-820-0166 x2214

Trauma Focused Cognitive Behavioral Therapy

School based & in-home, evidence based treatment for children & adolescents who have experienced trauma

Lehigh & Northampton
610-820-0166 x2214

EMERGENCY SERVICES

Bucks County Shelter

24 Hour 365 days per year emergency shelter & services for youth ages 6-20

215-442-9760

Lehigh Valley Shelter

24 Hour 365 days per year emergency shelter & services for youth ages 12-17

610-691-1200

The Synergy Project

Street outreach program offering assistance to runaway & homeless youth up to age 21

Allentown 484-866-5556
Bucks 215-990-3962
Montgomery 610-272-2946
Dauphin 717-963-7565
Philadelphia 1-888-HOUSE15

INDEPENDENT LIVING & PERMANENCY SERVICES

Housing Programs

Provide semi-supervised small group living & individual apartments for single or parenting youth between the ages of 16 & 22 who are experiencing homelessness or housing instability, in the foster care system, identify as LGBTQ+, or have been victims of trafficking. VYH has one of the region's longest running LGBTQ specific housing programs, Pride, for youth age 18 to 20

Bucks 215-244-1752
Dauphin 717-963-7565
Delaware 484-442-8462
Lackawanna 570-861-0032
Lancaster 717-945-6273
Lehigh & Northampton 610-820-0166
Luzerne 570-704-0626
Montgomery 610-272-2946
Philadelphia & Pride 215-925-3180
York 717-690-0930

Life Skills & Aftercare Programs

Adolescents Achieving Independence (AAI) & Achieving Independence Center (AIC) programs provide Life Skills Development & Case Management Services for current & former foster care youth age 14 to 20

Carbon 610-820-0166 x3316
Dauphin 717-963-7565
Delaware 484-442-8462
Lehigh 610-820-0166 x3315
Montgomery 610-272-2946
Northampton 610-820-0166 x3316
Perry 717-963-7565
Philadelphia 215-574-9194
York 717-690-0930

Mentoring Programs

Group & individual mentoring services designed to help youth ages 14 to 20 define a strong career path & build permanent connections to caring adults

Delaware 484-442-8462
Montgomery 610-272-2946
Philadelphia 215-574-9194

Permanency Services

All Statewide Adoption & Permanency Network Services (SWAN) are provided with an emphasis on finding supportive mentors & lifelong connections for children & youth as they become adults. Services are provided in affiliation with the SWAN

610-820-0166 x3315

Host Homes Program

A host home model connecting youth who are experiencing housing instability with volunteer homes; includes training & recruitment to hosts, case management for youth, and 24-hour on-call crisis support

Allentown 610-820-0166
Philadelphia 215-925-3180

THERAPEUTIC RECREATION & ADVENTURE

Camp Fowler

A 43-acre camp located in Orefield, PA offering therapeutic, challenge-based recreation & adventure for youth ages 8 & up. Overnight camps (week-long & weekend): Adventures in Arts Camps, Adventures in Leadership Camps, & Adventures in STEM Camps

610-349-2835